There are many ways to get infected!

R.I.P.
TATTOO & PIERCING

SHAVING ONLY 10 ct.

There are many ways to get infected!

Protect against sexually transmitted infections including HIV

Seafarers’ Health Information Programme

Healthier, fitter, safer

International Seafarers’ Welfare and Assistance Network

www.seafarershealth.org

SeafarerHelp
The lifeline for seafarers
SMS: +44 (0) 7624 818 405
www.seafarerhelp.org

Seafarers' Health Information Programme

SHIP